

My journey starts today

Posted by sobertoday - 06 Oct 2010 15:08

I'm am just creating a bookmark now to start my journey. Today is day 0. I have been up to 413 days before without entering my inner circle behaviors. I have slipped the past 3 days. I am taking a deep calm breath and ready to got back into my recovery one day at a time. I found this site a couple months ago and I am excited to cross the threshold and be an active member. Here it starts.

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Re: My journey starts today

Posted by Yosef Hatzadik - 06 Oct 2010 17:44

Shalom!

Welcome aboard!

...and we are excited to have you *actively* participate!!!

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Re: My journey starts today

Posted by ZemirosShabbos - 06 Oct 2010 18:20

ashrecha

you made a good choice, get out of isolation and loneliness and join this group of holy warriors, where everyone gives and gets chizuk

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Re: My journey starts today

Posted by bardichev - 06 Oct 2010 20:45

welcome its actually day one

or numero uno

keep on trucking!!!!!!!!!!

b

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I am now 1 day sober

Posted by sobertoday - 15 Oct 2010 18:09

I have not posted since a week ago. I continued to slip. I believe last shabbat was the only day I did not act out. I have not acted out today. G-d willing I will not act out today. I am also excited because I have the number for one of the 12 step phone groups. This is something that has been missing in my life and I am looking forward to it. I used to go to a group in this city, but I dropped out because it seemed like everyone there was court ordered and there wasn't a lot of mature recovery going on. I continued to stay sober for a year and change but I always felt like I was missing a connection without a group.

May all of us continue to recover throughout Shabbat, to renew and refresh ourselves for the week to come. Gut shabbes.

Chaim

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Re: My journey starts today

Posted by Yosef Hatzadik - 15 Oct 2010 18:36

Those Calls are **GREAT!!!!**

It may be worthwhile to wait until the next round starts, though. Contact the Leader, Duvid Chaim at duvidchaim@gmail.com, he can advise you properly.

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Re: My journey starts today
Posted by ur-a-jew - 17 Oct 2010 14:29

Welcome. Wow 413 of sobriety even without all the tools this site has to offer. You obviously have a lot to offer us. Welcome aboard and hatzlacha on the renewed climb. We are here with you to help you back up.

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