New here
Posted by Falafel - 14 Jan 2022 18:28

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I know usually day 1 you're supposed to start on a "strong day" (when you feel like you'll never do it again) but I honestly feel like I'm "Weak" already, and its only been a couple of hours

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Re: New here
Posted by ShmaYisroel - 16 Jan 2022 07:14

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??"?

Keep plotting on, even if you fall get your act together and try again. I know very well what you are going through. All the best and

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Re: New here
Posted by Zedj - 16 Jan 2022 07:55

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Welcome Falafel!

You might "feel" weak but with the right tools and some work you will find yourself on solid ground BEZ"H

GYE offers tons of tools, shiurim ect ect (knock yourself out!)

Try the new "FLIGHT 2 FREEDOM" program.

Stay connected and keep the chevra updated on your progress.

Can you share abit more about your situation?

Have you ever spoken to someone about your struggle?

do you have filters On accessible devices ?

What have you tried to stop?

Wishing you much hatzlocha!

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Re: New here
Posted by Hashem Help Me - 16 Jan 2022 12:31

Falafel wrote on 14 Jan 2022 18:28**:**

I know usually day 1 you're supposed to start on a "strong day" (when you feel like you'll never do it again) but I honestly feel like I'm "Weak" already, and its only been a couple of hours

You are normal buddy, very normal. Maybe post some more info about your challenges so the chevra can respond and help steer you in the right direction.

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Re: New here
Posted by Falafel - 17 Jan 2022 19:56

Thank you guys for the support.

I am working my way through F2F.

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Re: New here
Posted by Falafel - 18 Jan 2022 00:40

Have not spoken to anyone in person.

no I do not have a filter, as I use an unusual device. Am in the midst of trying to figure out how to do it

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Re: New here
Posted by Hashem Help Me - 18 Jan 2022 12:05

Falafel wrote on 18 Jan 2022 00:40**:**

Have not spoken to anyone in person.

no I do not have a filter, as I use an unusual device. Am in the midst of trying to figure out how to do it

You can call TAG (Technology Awareness Group) - they have very tech savvy guys who can hopefully advise regarding filtering unique devices. They have offices in most large Orthodox communities and are eager to assist.

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Re: New here
Posted by jackthejew - 18 Jan 2022 13:54

Hashem Help Me wrote on 18 Jan 2022 12:05**:**

Falafel wrote on 18 Jan 2022 00:40**:**

Have not spoken to anyone in person.

no I do not have a filter, as I use an unusual device. Am in the midst of trying to figure out how to do it

You can call TAG (Technology Awareness Group) - they have very tech savvy guys who can hopefully advise regarding filtering unique devices. They have offices in most large Orthodox communities and are eager to assist.

And if you're don't want to do that, you can post (or pm) which device you're using here. There are some very tech savvy guys on this forum also...

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Re: New here
Posted by jackthejew - 18 Jan 2022 13:57

Check out the other tools tab on the side of this page, click on filters, and fill out the form for assistance with filters. Or just click this: guardyoureyes/protection to get to the form. Hatzlacha!

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Re: New here
Posted by joetyh - 18 Jan 2022 16:12

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most devices running android, windows or apple ios/macOs can be filtered. you got something else?

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Re: New here
Posted by Falafel - 20 Jan 2022 17:43

Yes it has a different OS

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Re: New here
Posted by excellence - 20 Jan 2022 19:00

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Welcome Falafel!

I think we can all attest that without a filter we are hopeless!! But with a filter we are hopeful!!

?Please stay around, continue to post and read too.

?Looking forward to watching your success.

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Re: New here
Posted by joetyh - 20 Jan 2022 22:11

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Falafel wrote on 20 Jan 2022 17:43**:**

Yes it has a different OS

which OS? Linux?

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Re: New here
Posted by Falafel - 23 Jan 2022 03:58

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No. Something else

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