Internet Usage: Turn It Off On "Offline Day" Wed. Dec 23, 2009
Posted by manage.internet.usage - 21 Dec 2009 14:25

Admit it. You'd love to break away from wasting all the time on the internet…but you just can't do it.

Don't feel bad, we all have will-power challenges.

But there is power in numbers and that is what Offline Day is all about.

Why not pledge to join us on Offline Day? (Don't worry it's free!)

This Wednesday (December 23, 2009 from 12am until 11:59:59pm) will be our first Offline Day.

There are different levels that you can pledge; but once you make a pledge, you have to keep it or you promise to donate $100 to a charity of your choice.

You not only have nothing to lose; by joining everyone else on Offline Day you gain some of your precious time back for yourself that would normally be squandered surfing the internet/chatting/gaming etc. and you get to flex your self control muscles to boot; at least for one day.

Want an email reminder the day prior to Offline Day? Want an email of encouragement and an electronic medal of honor that you can print and pin to your General's Ribbon Rack after Offline Day?

If so, subscribe by sending a blank email to offline-day+subscribe@googlegroups.com

If you don't mind, please put the level that you are pledging in the subject field so we can have an idea as to how many generals (read: real soldiers) that are out there.

Please Note:

The list will automatically send you an email which tries to confirm that you really wanted to subscribe. (If you do not see the email, check your spam folder.) All you need to do is follow the instructions included in the message and then you will be subscribed.

If you experience difficulties subscribing, please reply and indicate as such so an alternative can be arranged.

What are the levels to pledge? Click —> manageinternetusage.wordpress.com/welcome/offline-day/levels-for-offline-day/

(Why not forward this email on to your favorite email lists, friends, students etc? Know anyone who would advertise this for free or would sponsor advertisment? Please let us know manage.internet.usage@gmail.com)

Stop...Think...Take Action

Feedback or ideas should be directed to manage.internet.usage@gmail.com

Feel free to remind yourself every now and then tinyurl.com/online2much

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Re: Internet Usage: Turn It Off On "Offline Day" Wed. Dec 23, 2009
Posted by the.guard - 21 Dec 2009 15:17

In November 2008, the author of the above post contacted me as follows:

Hi,

I was considering doing what you did on your site. I contacted Rav Twerski to get advice and he directed me to your site.

I just skimmed it but see that you have done a lot of what I wanted.

So instead of reinventing the wheel, I am just going to give whatever ideas that I would have done that I didn't see on your site. If you see anything useful, I hope it helps.

- I don't think enough people heard of this site so you need to get the word out better. When doing a search for internet addiction, it didn't come up. I only heard of this site through Rav T. (I only heard of guardyoureyes.com which is different.)

- 2 minute video interviews from famous Rabbanim or professionals on the effects of internet addiction either due to wasting of time or due to Tumah. (They'd probably do it for free if you just ask.)

- How about a Hebrew version?

- How about a less Frum page where non-Frum can relate to the subject?

Today he wrote me:

BTW, I link to your site here manageinternetusage.wordpress.com/welcome/external-resources/

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Re: Internet Usage: Turn It Off On "Offline Day" Wed. Dec 23, 2009
Posted by imtrying25 - 21 Dec 2009 16:48

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I totally agree on the hebrew version. Although i wouldnt be much help. :D

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Re: Internet Usage: Turn It Off On "Offline Day" Wed. Dec 23, 2009
Posted by Momo - 27 Dec 2009 08:39

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YOU ARE SOMEBODY SPECIAL!!!

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