

A Huge Yasher Koach for 22 Days!

Posted by NachalNovea - 10 May 2020 16:11

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Hi everyone, not the usual type of guy to be writing on these things but I am clean 22 days!

No special number to that, but that number of days includes weekends at home, coronavirus & being alone with technology for a long time, and battles.

Battles that without reading the experiences and simple victories of the holy chevra here, I would not be anywhere near 22 days. Simply reading what we are all trying to attain + realizing that we are all in this together is tremendous.

My story really starts in high school, and has never been fully under control since. Went to yeshiva and had some good streaks but nothing of high quality, meaning really fighting a battle. Came back & started dating and that is when the real internal struggle started.

I was going out with this great girl, such a holy neshama mamesh. And I just felt like no way I could betray her like this.

Obviously, she had no idea what was going on in my head but I won the battle!!

I was clean, **for months**. A record since high school.

Sounds all great and all but as most of you are waiting for the happy ending, because of some family drama and the way I felt when I looked at here, it was not the right thing to give her the

Then I fell, so hard, so fast.

To a point where I just tried to make it from Shabbos to Shabbos. The pre-Shabbos mikva became 1 big tefillah, begging hashem to give me the internal strength to be strong again just one more time. Like Shimshon.

I found GYE and feel like a new person!

P.S. Because of work, filters are not an option yet (might change soon), however my focus is controlling it before I even feel the urge. And progress is being made!

P.P.S. the levels (am at Eved Hashem now) give me so much chizuk. Phenomenal feature.

So far this has been an amazing 22 days (almost 23) and I really owe you guys a yasher koach & huge thank you.

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Re: A Huge Yasher Koach for 22 Days!  
Posted by NachalNovea - 14 Oct 2020 18:36

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1. [www.yutorah.org/lectures/lecture.cfm/970495/rabbi-moshe-weinberger/pre-selichos-5780-you-ve-got-a-friend/](http://www.yutorah.org/lectures/lecture.cfm/970495/rabbi-moshe-weinberger/pre-selichos-5780-you-ve-got-a-friend/)

Chaburas YH is amazing start - others on yuTorah also amazing.

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Re: A Huge Yasher Koach for 22 Days!  
Posted by NachalNovea - 23 Nov 2020 02:30

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Hi Holy Chevra,

Smiling as I type this because I'm here to fight another day.

So if you read previous posts, I made some crazy strides, streaks that are longer than anytime since high school. It was the best feeling ever, then I met an amazing girl, got engaged. Our wedding is in 50 days.

Here is where the crazy starts, I come from a very big & wholesome + loving family. My kallah comes from a smaller, but still loving family.

The mother has a personality disorder.

It causes a tremendous amount of stress, and along with work, being engaged, wedding stuff, I crashed.

I crashed once. then again. then again.

**Currently on day zero.**

I was really excited for not telling her about this struggle, since I really thought after I broke 90 days, that I was good. And I was controlling it instead of the other way around.

It's really good bc her family is out of town PLUS the father is such a good guy. The mom just really has issues.

I'm really excited about getting married - really excited about life and all that. Really worried about her mom & possible effects it could have on us.

I think it will be ok, my personality is baruch hashem not one to be swept under the rug.

Most important thing is our relationship & my relationship with hashem (maybe a cross section of all of that)

- HASHEM HELP ME - EIN SHUM YEI'USH B'OLAM KLAL

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Re: A Huge Yasher Koach for 22 Days!  
Posted by Gevura Shebyesod - 23 Nov 2020 03:03

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Mazel Tov!!!!

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Re: A Huge Yasher Koach for 22 Days!  
Posted by starting - 23 Nov 2020 06:41

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Mazel tov!!

Just remember that you are in control. Yes, life is stressful now. And you'll get used to winning even with this extra hurdle. In the meantime, don't let the falls get you. You are marrying an amazing girl and you have plenty to look forward to in life. Keep on trucking!

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Re: A Huge Yasher Koach for 22 Days!  
Posted by Hashem Help Me - 24 Nov 2020 03:13

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Mazel tov! Iyh you will go to your chupa clean and healthy and with yishuv ha'daas.

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Re: A Huge Yasher Koach for 22 Days!  
Posted by Realestatemogul - 25 Nov 2020 04:12

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We are here if you ever want the chizzuk and keep shteiging!

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Re: A Huge Yasher Koach for 22 Days!  
Posted by NachalNovea - 05 Jan 2021 00:19

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Shalom!!

WEDDING IN 6 DAYS!

In 6 days I will also be at level 6 (50 days clean)

It's such hashgocha,

mamesh the bigger yasher koach to all of you (you all can come to my aufruf this shabbos - dm for deets).

Obviously as my last posts have said, R' Weinberger, chassidus, filters, all came together as beast reinforcements in this battle. We definitely won the battle, but as the commander, I know this is still a war!

There were also some days where I was so close to falling, it was out of control.

Yetzer hara for sure wasn't even looking bc it was so close to a definite fall. THEN BOOM!!!

I felt like I ran the Yeitzer Hara over with a tank, blew him up tremendously!

I won, we won. I can cry. It's the best feeling ever.

thank you!

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Re: A Huge Yasher Koach for 22 Days!  
Posted by Realestatemogul - 05 Jan 2021 04:52

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It should be with lots of Mazel! Please daven for all of us working on this challenge!

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Re: A Huge Yasher Koach for 22 Days!  
Posted by NachalNovea - 05 Jan 2021 14:41

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Of course - from what I know & felt, will still be a battle - war is not over!

We will all persevere though. R Weinberger likes to say, think of anyone who matters to us - it's jeopardizing that relationship. Then take that one step further and realize that hashem - who loves us truly the most, want's to have a quality relationship & when we fall, or give in, he is hurt.

We would never want to do that.

Obviously there is never a break in that relationship, it is on us to come close.

Love to all

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