

Me2's journal

Posted by Yankel - 09 Feb 2009 18:47

Today 15 shevat makes it 2 weeks

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Re: Me2's journal

Posted by battleworn - 09 Feb 2009 20:40

That's more than A Million 200 thousand seconds. Which means over a million 200,000 great accomplishments. And for each one you are zocheh to the Ohr Haganuz which no Malach can fathom!

KEEP GOING! CHAZAK VE'EMATZ!!!

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Re: Me2's journal

Posted by mdmjerusalem - 09 Feb 2009 21:02

Oh worn, , do you really think every second counts, I would think every nisoyin.

and if **seconds** why not **millionth's of seconds**, what is the geder.

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Re: Me2's journal

Posted by battleworn - 09 Feb 2009 21:08

I posted the mekoros for this a few months ago. You're right that it's really even more; it's actually each regah which the Gemoroh says is much less than a second! Thanks for the correction! :D

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Re: Me2's journal

Posted by mdmjerusalem - 09 Feb 2009 21:40

The Gemoro in brechos 7b writes that there are 58,888 Regoim in an hour. which adds up to the following.

16.36 Regaim per **second**

981.47 Regaim per **minute**

58,888 Regaim per **hour**

1,413,312 Regaim per **Day**

9,893,184 Regaim per **week**

14,133,120 Regaim per **10 days**

41,692,704 Regaim per **month**

Wow how rich did we get through our effort.

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Re: Me2's journal

Posted by Yankel - 16 Feb 2009 14:37

Make that three weeks, I have only been to this point very few times in my life(never did a whole month) but I am confident I could do it.

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Re: Me2's journal

Posted by mevakesh - 16 Feb 2009 15:18

Good stuff me2 KUTGW!

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Re: Me2's journal

Posted by the.guard - 16 Feb 2009 22:22

Level 4 coming up soon!

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Re: Me2's journal

Posted by Yankel - 23 Feb 2009 16:42

Today marks 4 weeks which is a life record for me. Although I find it harder as time passes I am in this for the long haul. I find an internal conflict saying "No you cant do it !" and the other side of me saying "Yes you can !" I don't know what it is inside telling me that I can do it because I have never had that before. Maybe its the chizuk I get reading other peoples stories? or the daily chizuk from the emails ? Either case I am much happier with myself as a person and as an oved hashem.

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Re: Me2's journal

Posted by battleworn - 23 Feb 2009 16:52

KEEP GOING!!

YOU CAN DO IT!!

**YOU WILL
SUCCEED!!**

CHAZAK VE'EMATZ!!

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Re: Me2's journal

Posted by the.guard - 23 Feb 2009 17:32

You can do it! A human being is capable of almost ANYTHING he puts his mind to.

Whenever you feel doubts, read again the thread of your original post [over here](#).

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Re: Me2's journal

Posted by Yankel - 02 Mar 2009 18:50

Today is 5 weeks- the longest I have ever gone. Recently, its been getting alot harder-I have "dirty" thoughts from the all of garbage I put into my mind. Thank G-D I have been able to push them aside and replace them. Still hanging on !

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Re: Me2's journal

Posted by jack - 02 Mar 2009 19:04

WOW! 5 weeks. when i was sunk in, i couldn't go even one day! guard, shep nachas from all of this - it's all due to you. yasher koach! and yasher koach to everyone, yes, even those who fall, because falling is PART OF THE PROCESS.there will come a time when you wont fall anymore! as long as you keep it up, and keep connected to this site.if you break away from this site, unless you find something else like this site, you will go back to the old ways of addiction.

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Re: Me2's journal

Posted by Someone - 02 Mar 2009 19:07

Great work! You are nearly at the 40 day mark! KUTGW!

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Re: Me2's journal

Posted by Yankel - 02 Mar 2009 19:14

Jack, first off thanks for those kind words. I was truly inspired by your story!

In regard to "falling as part of the process" I have a hard time with that. I feel that it can be an excuse and will not accept it

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