30 Days Posted by poshut yid - 05 Jan 2009 16:48

Baruch Shehechiyanu Lazman Hazeh! B"H I have been succesful and completed 31 days of not looking at pornography norbeing mashkiv zerah levatoloh. It may not have been perfect in all aspects but B"H I was succesful in getting to this point. IY"H I will have the strength to continue to fight the yetzer and continue to grow in Avodas Hashem!!!

I know the seforim write about it taking 30 days to break a middah. I am not sure if this applies also to breaking the yetzer horah for z'nus but I am hoping that at least I can think that I have broken the habit of turning on the computer and surfing for pornography.

I only hope that I am able to continue. Thank you for your efforts and help. I know I could not do it without everyone's help and encouragement.

P.Y.

Re: 30 Days Posted by jack - 05 Jan 2009 19:56

rabbeinu guard, you must be kvelling to see all this progress.

Re: 30 Days Posted by the.guard - 05 Jan 2009 20:31

Hashem must be Kvelling that he has such holy and worthy children!

I wrote him two days ago the following:

If I came down to this world just to help a **Pashut Yid** serve his father in heaven a little bit better, my entire life would be worth it. I have tears in my eyes as I write this.

Keep strong Tzadik. We need brave soldiers like you, now more than ever!

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